Hours of Operation

Monday 9 am - 12 pm & 1 pm - 5 pm
Wednesday 9 am - 5 pm

(*Wednesday 1 pm - 7 pm every 4th and 5th Wednesday of the month.)

Check for summer hours

FPACT enrollment: M-F 9 am - 12 pm & 1 pm - 5 pm

Scheduling an Appointment

• In person at the Wellness Center
• Call 510.464.3134
• Drop-ins accepted depending upon scheduling availability

Other Services and Health Insurance

Services provided at the Wellness Center are free. For some urgent issues you will have to go elsewhere (referrals available), but you will have to pay, or have insurance to pay for those services. If you don’t have health insurance, we will check your eligibility and help you enroll.

For more information please call: Indra C. Thadani RN, MS. Director, Peralta Wellness Center

Peralta Wellness Center

Where does my Health Fee go?

Laney Student Center
4th Floor, Room 410
Open to ALL Peralta students
510.464.3414
Counseling
Short term mental health/personal counseling is available to address a variety of issues, including:
M-F; by appointment.
• Feeling overly stressed
• Sadness/depression
• Anger
• Constant worry/anxiety
• Relationship issues
• Trouble eating/sleeping
• Crisis management
• Referrals for concerns regarding alcohol/drug use

Reproductive Health Services
• Enrollment into California’s Family PACT program
• Birth control methods
• Pregnancy testing
• Plan B/Morning after pill
• STI testing
• Pap smears

Additional Services
• Urgent Care
• HIV testing/counseling (Tu.&Th.)
• TB testing
• Flu shots (Seasonal)
• Some Medication/Prescription

Referrals
We do not provide, but will give you a referral for:
• Primary Care
• Dental
• Vision
• Physical Exams
• Diagnosis/Treatment of heart, blood pressure, skin issues.

Documents to bring if you need medical services
• Picture identification
• Health insurance (if available)
• Proof of income*
• Proof of address*
(*For insurance eligibility only)

Referrals are available