April 20 — 23, 2010

The PCCD Benefits Office is coming to a campus near you!

Attend the series

“Moving from Surviving to Thriving in Today’s Environment”

Sponsored by the PCCD Benefits Office, Citibank Workplace Educational Series, &
ZUK Financial Services, West & Associates

*Benefits Office Topics
(in 15 minute rotations)

- Managing Finances in Today’s Environment
- Tax-deferred planning—How do I know if I am saving enough?
- Preparing for Retirement—what benefits does Peralta extend after retirement?
- Employee Assistance Programs—how can you benefit from EAP services and resources?

Power Hour Campus Locations
11 am — noon (Benefits Office*)
Noon -1pm-Ergonomic Principles -
Taking care of yourself in your workspace

April 20    District -Atrium
            Laney & District Employees

April 21    College of Alameda -
            F Bldg-Lower level

April 22    Merritt College-
            Newton Seal - R Bldg

April 23    BCC -Room 451B