

**Peralta Community College District  
Health Benefits Committee Meeting**

December 3, 2015

Meeting Start 9:10 AM

Attendees

Chanelle Whittaker, Ron Little, Ava Lee, Luther Aaberge, Rick Putz, Debbie Weintraub, Selwyn

Montgomery, Jennifer Seibert

Note taker: Constance Koo

Discussion

Follow up Action

Agenda Item	Topic	Follow-Up Action
<p align="center"><b>Introduction &amp; Confirmation of Committee Members</b></p>	<p align="center">Introduction of new staff: Ronnie Roberts</p>	
<p><b>Focus of Committee (last discussed a the April 2015 Meeting)</b></p>	<p>Spirit of the language of all three collective bargaining agreements + language proposed by the PRO = "Focus of the Committee" language.</p> <p>DW: Would like to ensure that the focus is not solely to reduce health &amp; welfare costs of the District, but to also convey the message that the focus is also to reduce costs for "all.</p> <p>RL: "Quality" is a subjective word and is worth discussing later. (Regarding how to reduce costs without impacting something else.)</p> <p>JS: Mutual interest = reduce impact; the focus of the committee is to "study the manners and mechanisms"</p> <p>DW: the language should reflect more than reducing costs for the District. It also should be to reduce the cost for "all of us," all stakeholders.</p>	<p>DW: Add a sentence to round out the message.</p> <p>DW: propose more language?</p> <p>JS: Option: the committee want to "reduce costs for all."</p>
<p align="center">(JS: leverage partners to maximize resources.)</p> <p align="center">YourCare program – a tailored health manager program to manage costs; an integrated solution for health maintenance.</p>		

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Health Center – the online feature for members

Health Risk Assessment – online questionnaire;  
focusing on key lifestyle behaviors. Once completed,  
you receive a summary “participant reporting.”

(JS: PCCD has an opportunity to share in these  
results)

Health advising – positively impacts health coaching  
enrollment rates

Health coaching

Personalized Lifestyle Programs – for those who are  
not comfortable with a coach, or who prefer self-  
directed online programs

Preventative care reminders – utilizes medical and  
clinical data

Condition Management – another clinical program

Where are we now? JS: PCCD wants to get a handle  
on the data “gaps” (i.e.: prescribed medication vs.  
actual use of medication, etc.) CoreSource data is  
cross-checking patient progress. Only 17 individuals  
are enrolled in FOCUS disease management (out of  
700!) Did you know that dependents over 18 years of  
age are eligible?

Strategy for 2016 –

DW:  
(Demographics of  
members affects  
selection of  
incentives.) Are a  
majority of  
CoreSource  
members faculty?

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JS: Statistics not available at this meeting.

<p><b>Kaiser Permanente Presentation</b></p> <p><b>Gina, KP Senior Account Manager</b></p> <p><b>Dr. Jennifer, KP Chief of Health Promotion and private practice primary care physician</b></p>	<p>HEDIS = Healthcare Employer Data Information Set, of the National Committee for Quality Insurance</p> <p>Dr.J: online registration rate is good, but healthy lifestyle program participation rate is low. How to get the unhealthy people to participate?</p> <p>JS: ...through the study of manners and mechanisms.</p> <p>AL: Reinstatement of e-access takes forever.</p> <p>Member Engagement – Dr. J: Members diagnosed with diabetes are automatically enrolled in clinical intervention programs. “Inreach and outreach.” Also, KP offers a pre-diabetes (prevention) program; opportunities to intervene whenever possible.</p> <p>Exercising statistics. Exercise!</p> <p>Wellness coaching by phone (and some select areas by video) are free. Health Education Center online is available for everyone (including non-members).</p>	
<p><b>Affordable Care Act Timeline</b></p>	<p>New tax forms are required for 2016 (part of the employer mandate.)</p>	

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<b>Benefit Bridge Features</b>	BB has been in use since 2014 and is currently in use for active employees Utilized to change and/or activate enrollment.	
<p><b>Survey – Websites (Homepage and Benefit Bridge)</b></p> <p><b>Review of potential newsletter topic and saved the dates</b></p>	<p>DW: how to secure information regarding non-website users?</p> <p>SM: We would like to integrate something at each college. A lot of our union members do not read email.</p> <p>JS: problem = getting into demographics. Hoping to get survey out by January 2016</p>	<p>JS to DW: craft a question or a written survey for these people. Perhaps include a comment box to current survey.</p>

End of meeting 10:40am

Next Meeting 1/21/16@9am District Board Room